

From: Bouchelle, Sydney E <bouchelles@uncw.edu>
Sent: Friday, November 8, 2024 4:33 PM
To: A.P. Dillon <apdillon@northstatejournal.com>; Weaver, Andrea <weavera@uncw.edu>
Cc: Riordan, Thomas <riordant@uncw.edu>
Subject: Re: Follow up from UNCW

Good afternoon, AP,

See below the answers to your questions.

Leading up to Election Day, some student-athletes expressed feelings of stress about the extensive media and social media coverage of a major national event. As a former Division I student-athlete and a new Seahawk who joined our team over the summer, the counseling professional who sent the message wanted to be very responsive to their needs. The counselor indicated that several student-athletes had made individual counseling appointments to talk through concerns in their lives. The counselor regularly communicates with student-athletes, reminding them about university services designed to help them navigate the college experience, which includes teaching them to successfully manage their stress while being a full-time student competing at the Division I level.

No cost was associated with the support offered by the counseling professional.

Thank you,

Sydney

Sydney Bouchelle '19 | Media Relations & Communications Specialist | Office of University Relations |

UNIVERSITY of NORTH CAROLINA WILMINGTON

O: 910.962.2546 | bouchelles@uncw.edu | she, her, hers

From: A.P. Dillon <apdillon@northstatejournal.com>
Sent: Friday, November 8, 2024 12:35 PM
To: Weaver, Andrea <weavera@uncw.edu>
Cc: Bouchelle, Sydney E <bouchelles@uncw.edu>; Riordan, Thomas <riordant@uncw.edu>
Subject: RE: Follow up from UNCW

[This email originated from outside of UNCW]

Thank you, I appreciate this and look forward to a response.

AP

From: Weaver, Andrea <weavera@uncw.edu>
Sent: Friday, November 8, 2024 11:24 AM
To: A.P. Dillon <apdillon@northstatejournal.com>
Cc: Bouchelle, Sydney E <bouchelles@uncw.edu>; Riordan, Thomas <riordant@uncw.edu>
Subject: Follow up from UNCW

Hi A.P.

The Office of University Relations received your email below from UNCW Athletics. We will look into this and get back in touch with you. It is a busy day on campus, so give us some time to follow up. I am looping in colleagues Sydney Bouchelle, media relations specialist, and Tom Riordan, associate athletic director for communications.

Take care,

Andrea

Andrea Weaver
UNCW CMCO

Good morning Dr. Krasnow,
Our outlet was sent a text message issued by you to students regarding the election results this week.

*From athletic department at UNCW
Dear Student-Athletes,*

As we navigate through the results of the United States presidential election, it is natural to experience a range of emotions, including fear and uncertainty. Please know that your experience and feelings are valid. Please also remember you are not alone.

Our Athletic Department is here to support you. If you find yourself needing someone to talk to or a confidential space to express your thoughts, please do not hesitate to reach out.

Additionally, the UNCW Counseling Center is another available resource on campus for support.

Tomorrow evening (Thursday, November 7th) from 5-6:30pm in Almkuist-Nixon SM-101, an open space of community and support for student-athletes will be offered to navigate thoughts, feelings, and the impact of the presidential election results. Feel free to come by any time between 5-6:30pm.

Please take care of yourselves and each other.

In solidarity,

Dr. Meghan

We wanted to know why the text was sent? Had students already expressed issues?

Is there a cost associated with this "extra" support?

We appreciate a prompt response for publication reasons.

Ms. A.P. Dillon
Reporter, North State Journal